

Our Children Foundation at SCMRI

is honored to announce a special event featuring **Lihi Lapid**
bestselling Author, "Woman of Valor", and Journalist who will discuss:

Being a woman today- the way it suits you

Hosted by Ms. Julie Rachel Fisher
Wife of the Ambassador of the United States of America

who is graciously opening their home for this event

On Friday, March 21st, at 10:00 am

For more information and reserving a place

please call: 03-9217880 Ext: 210 *or* via e-mail: child12@netvision.net.il

*by **March 13th**, as there is *limited capacity**



Lihi Lapid

Lihi Lapid has been writing a weekly newspaper column in the *Yediot Ahronot* weekend edition for ten years. She has written three bestselling novels – *Secrets from Within*, *Woman of Valor*, and *I Can't Always Be wonderful*, and a bestselling children's book. Prior to becoming a writer, Ms. Lapid was a professional news photographer. She lives with her husband, Israeli Finance Minister Yair Lapid, and their two children in Tel Aviv.

Today's woman is expected to be the wonderful wife, mother, career woman, self-actualized human being and to do it all- while smiling and looking great. What are we doing wrong?

Being a woman today- the way it suits you

For once we're going to talk about it differently. What does it mean to be a woman and a mother, and how between investing our energies at work and with our families, we've forgotten ourselves. We're not going to talk about how we're going to achieve more. We're going to talk about how we can be better to ourselves. To Be Good to Yourself the Way You Are Good to Others.

"I hereby free myself. I say goodbye to the agony that I feel because I can't always be perfect, impeccably organized, meticulously punctual, and perennially smiling. The reality is I'm not going to be like that. And when I try, I just end up falling apart and getting angry at myself. It seems to me that if I try a little bit less, things will work out a lot better, and everyone will benefit. Especially me".

Woman of Valor

Woman of Valor follows the lives of two women in their first years of motherhood. One is a fictional character trying to live the happily-ever-after life we all imagined for ourselves. The second woman is the author herself, relating her real life story. It's a story of metamorphosis, from independent working woman to mother. Interspersed are actual letters from readers of

Lapid's popular newspaper column about women's lives, sharing their experiences of juggling their many roles.

<http://www.timesofisrael.com/america-meet-the-other-lapid/>